

Newsletter, 05.06.2024

This week at Tooled Up we're talking about talking! The *quality* of conversations we have with our children can play a huge role in their development and wellbeing. Family talk offers children the chance to open up their thinking, to help navigate emotional or social challenges, and can enhance their oracy and academic abilities. We have a number of interesting resources to support family chat.

Our recent [webinar](#) with the philosophy charity SAPERE is now available. Led by trainer Emma Leeson, this webinar explains what it's like to philosophise and is aimed at any parent who is curious about the power of philosophical conversations with their children.

Developing children's intellectual curiosity is key to unlocking their learning potential. We have questions galore for you to mull over within family life: [20 Scientific Questions](#) to ask children and teens or activities like [Learning Through Intrigue](#) that encourage an interest in the world around us.

One of the optimal times to chat to our children is around the dinner table. In this short [video](#) entitled 'Dinnertime Debriefs', Dr Weston explains the role that dinnertime conversations can play in boosting children's resilience, wellbeing and academic attainment. Researcher Mishika Mehrotra produced this [podcast](#) for Tooled Up on her work exploring the links between conversation and children's development: benefits that go well beyond literacy and oracy and into mental function and "school-readiness". If you get stuck for conversation ideas, here are [65 Topics](#) to work your way through!

Of course, we also need to be aware that some talk can be harmful. As well as the way we talk to our own children, we need to think about the ways they communicate with one other. These tips from psychologist, Dr Elly Hanson will help you tackle [Harmful Talk](#) in children's peer groups. Use these [activities](#) about being a positive bystander, or "upstander"; we need our children to be able to comfortably challenge poor behaviour in peers when they see or hear it.

Don't forget to follow us on social media to stay up-to-date with all of our latest updates and resources. Find us on [Facebook](#), [Instagram](#), [Twitter](#), and [LinkedIn](#).





Philosophy For Children



20 Scientific Questions



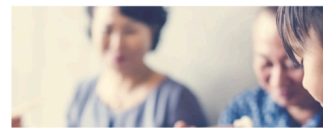
Learning Through Intrigue



Dinnertime Debriefs



Importance Of Dinnertime Conversations



65 Topics For Dinnertime Chat



Supporting Your Child To Step Away From Harmful Talk



Being A Positive Bystander

Don't forget to follow us on social media to stay up-to-date with all of our latest updates and resources. Find us on [Facebook](#), [Instagram](#), [Twitter](#), and [LinkedIn](#).

