

SPRING MENU

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Macaroni cheese	Piri Piri chicken thighs	Turkey chilli con carne	Traditional beef lasagne	MCS fish fingers Breaded pollock
VEGETARIAN	Gnocchi in red pepper sauce	Piri Piri qourn and butternut in tomato sauce	Bean and vegetable chilli sin carne	Roast vegetable lasagne	Courgette Provensale
SIDES	Broccoli, stir fry greens	Roasted potatoes , kale and crunchy raw slaw, green beans	Steamed rice Sweetcorn, tomato salsa	Garlic bread Mixed leaf salad, broccoli	Oven baked chips, garden peas, tartare sauce
JACKETS	Jacket Potato, baked beans, cheese				
DESSERT	Greek style yoghurt Fruit platter	Greek style yoghurt Fruit platter	Banana cake Greek style yoghurt Fruit platter	Greek style yoghurt Fruit platter	Jam sponge Cake Greek style yoghurt Fruit platter
DAILY	Homemade bread Cudites sticks	Homemade bread, Crudites sticks	Homemade bread Crudites sticks	Homemade bread Crudites sticks	Homemade bread Crudites sticks













