

SPRING MENU

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Penne Arrabiatta with mixed beans & fresh basil	Lamb keema	Tuna pasta bake	Chicken sausages	MCS fish fingers, Breaded pollock
VEGETARIAN	Mushroom stroganoff	Curried cauliflower and lentils	Mediterranean vegetable ragu	Glamorgan sausages	Sweetcorn and coriander fritters
SIDES	Broccoli, green beans	Basmati rice, naan bread, mango chutney, cucumber raita, carrots	Roasted cauliflower	Creamy mash potatoes Broccoli, green beans	Oven baked chips, garden peas, tartare sauce
JACKETS	Jacket Potato, baked beans, cheese				
DESSERT	Greek style yoghurt Fruit platter, Fruit jelly	Greek style yoghurt Fruit platter	Vanilla sponge Greek style yoghurt Fruit platter	Greek style yoghurt Fruit platter	Chocolate brownie Greek style yoghurt Fruit platter
DAILY	Homemade bread Crudites sticks	Homemade bread Crudites sticks	Homemade bread Crudites sticks	Homemade bread Crudites sticks	Homemade bread Crudites sticks